

Skills and Knowledge Progression

Subject: PE

Name: *(Child's name)*

Class: *(Child's class)*

	Year 1	Year 2
Games	<ul style="list-style-type: none"> • Can throw and catch a ball with a partner. • Can move fluently by changing direction and speed easily and avoiding collisions. • Can show control and accuracy with the basic actions for rolling, underarm throwing, striking a ball and kicking. 	<ul style="list-style-type: none"> • Can pass a ball accurately to a partner over a variety of distances • Can perform a range of rolling, throwing, striking, kicking, catching and gathering skills, with control. • Can show a good awareness of others in running, chasing and avoiding games. • Can make simple decisions about when and where to run.
	<ul style="list-style-type: none"> • Can choose and use skills effectively for particular games understand the concepts of aiming, hitting into space. • Can take the ball to a good position for aiming use skills in different ways in different games. • Can try to win by changing the way they use skills in response to their opponent's actions. 	<ul style="list-style-type: none"> • Can vary skills and show some understanding of simple tactics. • Can choose and use tactics to suit different situations • Can react to situations in a way that helps their partners and makes it difficult for their opponent.
Dance	<ul style="list-style-type: none"> • Can explore movements. • Can move confidently and safely. • Can perform phrases. • Can recognise how their body feels after exercise. • Can discuss dance ideas. 	<ul style="list-style-type: none"> • Can explore, remember and repeat dance actions. • Can compose and perform dance and short phrases. • Can describe how different dance movements make them feel. • Can watch and describe dance phrases and dances and use what they learn to improve.
Gym	<ul style="list-style-type: none"> • Can explore gymnastics and still movements. • Can move safely and with confidence. • Can know how to carry and place equipment. • Can watch, copy and describe what others have done. • Can perform movement phrases using a range of body parts and actions. 	<ul style="list-style-type: none"> • Can remember, repeat and link gymnastics and still movements • Can move safely and with confidence. • Can know how to carry, lift and place equipment. • Can watch, copy and describe what others have done. • Can improve their work using information they have gained by watching and listening.